

# SISSS00072 Mountain Biking Instructor (Intermediate Environment)



## Course Delivery

The course is delivered via our web-based on-line learning in conjunction with face-to-face training sessions in the field, a flexible blended learning environment.

The course content focuses on key skills that develop your knowledge so that you can successfully plan and deliver an outdoor recreation activity. This may include developing skills in risk management, navigation, weather interpretation, environment factors, health and safety, emergency response and overall planning skills in a wide range of work environments.

These are all completed in the context of your selected activities and the online theory component of all courses

The face-to-face training and assessment is conducted in various locations throughout Australia and is based upon demand. The activity calendar is regularly updated, (every 3 months) to reflect current enrolments. The calendar is on-line allowing students to view and select their own training/ assessment sessions within their course time frame.

## Course Overview

## Course Duration maximum timeframe 3 months (NB: could be completed earlier)

### Skill Set

This Skill Set has been identified through consultation with the outdoor Council of Australia (OCA), the peak body for the Outdoor Recreation industry.



## Entry Requirements

- Age 18 or over (industry driven requirement), HSC or mature background
- It is desirable that participants have the physical attributes to participate in adventurous physical activities
- Participants are responsible for their own travel arrangements and any associated costs to and from face-to-face training and assessment sessions
- Access to internet for on-line component of the course

## Enrolment requirements

This course has the following enrolment requirements:-

- Have access to a fully- functional computer/ smart device loaded with a web-browser (e.g. internet explorer, firefox, puffin) and appropriate software applications to read PDF files (e.g. Adobe), produce documents (e.g. Microsoft word etc)
- Have access to a company/ smart device with reliable Internet access (ability to download and upload documentation from/ to the College's online learning server)
- Have current valid email account for online learning and assessment communication and support
- Successfully complete all assessment tasks within the required timeframes
- Have access to equipment for the selected activity (e.g. harness, helmet, canoe, kayak, Mountain Bike etc)

# Outdoor Training College

A division of Above & Below Adventure Company Pty Ltd | PO Box 749, Windsor, NSW 2756

"without risk we may not grow" | info@outdoortrainingcollege.com.au | outdoortrainingcollege.com.au | 02 45790677

## Log Books

Documented and verifiable work experience/ practice sessions for the activities associated with your course **MUST** be logged and are required as they form an integral part of the assessment process



## Commencement of subject or course

A subject or course is deemed to have started if the "start of study date" has passed and the delivery of the course has commenced. On-line delivery is said to have commenced if the course is open in the on-line environment for the individual student, this is automatic once appropriate fees have been paid.

## RPL (Recognition of Prior learning) / Credit transfer

RPL and or Credit transfer is available and you must meet the criteria associated with this process. Regardless of the assessment pathway undertaken the pricing structure remains the same

## We GUARANTEE that if you ENROL we will RUN YOUR SELECTED COURSE- even if you are the ONLY PARTICIPANT!

Note: If you are the only participant, Face-to-Face training will be in the Sydney region. All other components are completed on-line. Enrolment is required before you can book any of the training/ assessment dates

## Skill Set Units of Competency

Total of 20 units of competency required to complete this Skill Set

## Activity Specific units

These units of competency are required to obtain the Skill Set

### Core Units of Competency

#### E-Learning (web-based online component)

E-Learning forms part of the assessment process; you will be required to demonstrate that you have an understanding of the knowledge in relation to these Units of Competency

- SISOODR302A Plan outdoor recreation activities
- SISOODR303A Guide outdoor recreation sessions
- SISOODR404A Manage risk in an outdoor activity
- SISOOPS201A Minimise environmental impact
- SISOOPS304A Plan for minimal environmental impact
- SISOOPS306A Interpret weather conditions in the field
  
- SISXCAI306A Facilitate groups
- SISXEMR201A Respond to emergency situations
- SISOEMR402A Coordinate emergency response
- SISXOHS101A Follow occupational health and safety policies
- SISXOHS402A Implement and monitor occupational health and safety policies
  
- SISXRSK301A Undertake risk analysis of activities
- TAEDEL301A Provide work skill instruction
- HLTAID003 Provide First Aid - Pre-requisite

## Pre- Requisite for all courses

First Aid - This must be a current first aid certification;

Note: CPR is renewable every 12 months to keep your "Provide First Aid" current- the Provide First Aid is renewable every 3 years - This is a requirement outlined by Safe Work Australia



### Activity Specific units of competency

These are practical face-to-face units, and include practical training and / assessment to a maximum of 4 days.

Should you be deemed not yet competent after that time additional fees may be applicable.

- SISOCYC201A Select, set up and maintain a bike
- SISOCYC202A Demonstrate basic cycling skills
- SISOMBK302A Apply advanced off-road cycling skills
- SISOMBK303A Guide off-road cycle tours
- SISOMBK404A Instruct off-road cycling skills
- SISONAV302A Apply navigate skills in an intermediate environment

Documented and verifiable work experience or logged practice session will be required and forms an integral part of the assessment process ( approximately 30 hours are required for this skill set)

NB: All the units of competency are assessed holistically in conjunction with the face-to-face component of the course, the log books and the E-learning component

## Pathway

These units provide a credit towards Certificate IV in Outdoor Recreation

